

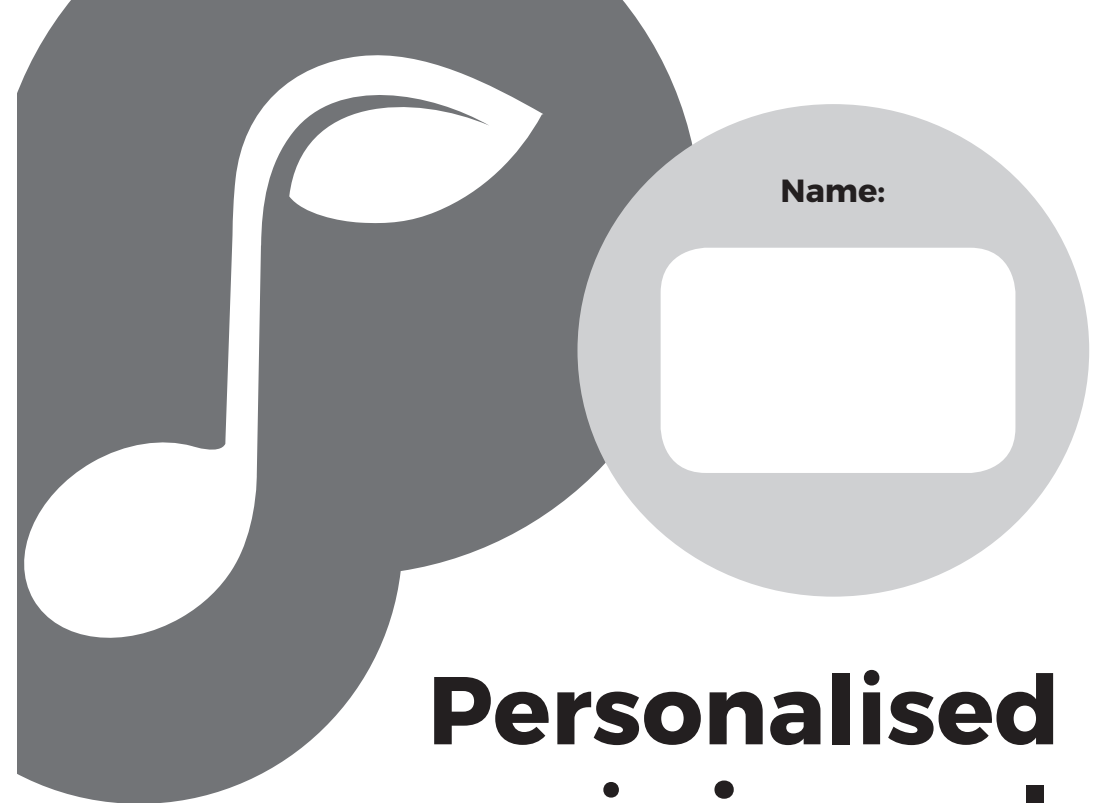
**Need help or advice?
Get in touch with the team:**

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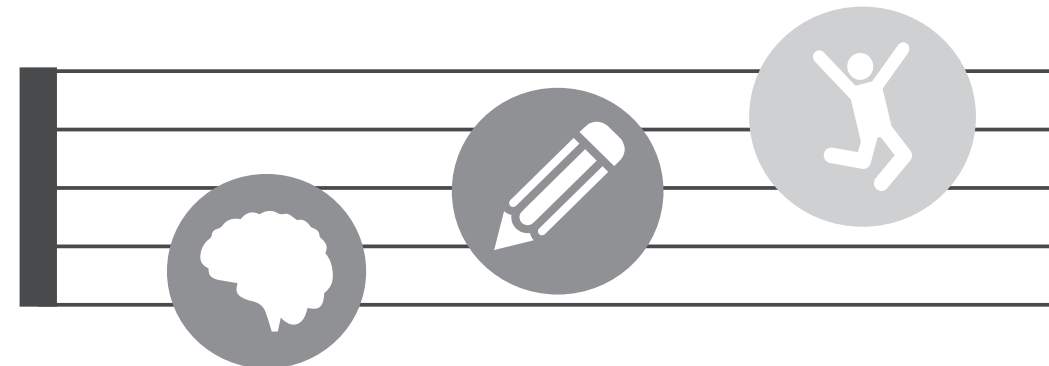


Registered Charity SC044072



Name:

Personalised music journal



playlistforlife.org.uk

How to record an entry

We worked with a couple who were putting together a playlist for the husband who had dementia. The first time we listened to the playlist with the couple, at a particular song, the husband spoke just one word: “caravan”.

We then asked his wife what “caravan” could mean.

She described how they used to listen to this song all the time in their caravan when they went on their summer holidays to the south of France. The couple loved the campsite and the sunshine.

She also told us that her husband really enjoyed driving and had to travel a lot in his car for work. She said everywhere he went we would have music on in his car!

Now, with this story written down, any carer can easily flick through when listening to the husband’s playlist, read this and talk about holidays in the south of France.

Song title

Blue velvet

Artist

Bobby Vinton

Why is this song here?

caravan

Used to listen to this song with my wife all the time on the campsite when we were on holiday in the south of France. We holidayed in a caravan and loved the sunshine.

I loved driving - I drove all the time for work and always listened to music while driving.

Sample entry

Song title

Artist

Why is this song here?

(Remember to give details. When was it? Who was there? Were there any funny moments?)

Song title

Artist

Why is this song here?

Song title

Artist

Why is this song here?

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